

POINTS OF LIGHT

BioGeometry news and views from Kris Attard



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Christmas, the Coming of the Light



Christmas is an eventful time with all that it brings. For each of us on the spiritual journey, Christmas is a very special time regardless of cultural involvement. Many people still do not see more in Christmas than just gifts, parties, pudding and champagne. A cartoon on the internet mused whether Christmas celebrates the birth of the first credit card. Sadly very true as the concept of Christmas has become very materialistic in modern society, the very anti-thesis of what it is meant to be. A lot of the traditional practises e.g. the giving of

gifts, which replicates the act of the Magi, or the decorations which simulate the powerful allegory of the Christmas Star, have become materialistically oriented customs.

THE TWELFTH MONTH

December is a special month not only because it ends the cycle we recognise as a year and ushers in a new one (which in BioGeometry we know makes it a Threshold Time, ideal for catalysing change) but also because of the immense spiritual significance of this period. I don't mean simply a symbolic representation, but an actual energetic effect due to the spiritual nature of the cosmic energies *an actual energetic effect due to the spiritual nature of the cosmic energies that reach us at this time*. This should be of interest to us all perhaps now more than ever in light of this unusual time our planet is undergoing in its - and our - evolution, all the more so in this special year 2012. This deeper significance can explain why the Christian tradition specifically chose 25 December to commemorate the birth of Christ. This particular date was absorbed into the calendar to continue an important spiritual awareness that

existed for millennia in various ancient traditions. This includes the traditions of Dionysius, Mithras and even ancient Egyptian festivals dedicated to the Sun God Ra. This highlights the importance of this month, particularly the last few days of it. Over and above the Christian significance of the birth of Jesus Christ, it forms part of certain cyclic events and shifts that have energetic importance to the spiritual journey. *In this time of the year, frequencies of higher vibrations come upon our world, providing us with an opportunity for new inner growth and renewal.*

WINTER SOLSTICE

The 21st December is the Winter Solstice, like the other 3 solstices and equinoxes, a 'threshold day'. This day is thus ideal for all spiritual and energetic work, and for catalysing change. It is with intention that the ancients aligned their temples to the rising sun on solstices and equinoxes (example shown at Mnajdra Temples in Malta, with the rays of the rising solstice sun entering the main altar portal). In the

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- MORE THAN JUST GIFTS AND PUDDING - THE SPIRITUAL SIDE OF CHRISTMAS
- ADVANCED BIOGEOMETRY TRAINING
- NEW TOPICS FROM DR KARIM

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New BioGeometry Forum!

The BioGeometry forum is here! BioGeometry students and instructors the world over now have a way to share experiences, ask questions and interact online. This new forum should be operational by the time you receive this.

Begin by registering your username and password at the forum <http://forums/biogeometry.com>

The idea of the forum is that it is tiered with sections for general, Foundation and Advanced levels. We look forward to seeing the worldwide BioGeometry matrix continue to grow through new trainings, and now also helped by online connections between students.

See you in cyber space!

WISHING YOU AND YOUR FAMILIES A WONDERFUL CHRISTMAS FULL OF JOY AND LIGHT, AND OF COURSE A NEW YEAR FILLED WITH BG3!

Christmas the Coming of the Light — continued from page 1



The three gifts of the Magi: Gold, Myrrh and Frankincense, an interesting analogy with the 3 BG3 qualities.

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analogy of the Earth’s breathing cycle , the Winter Solstice is when the planet holds its breath in preparation for the full exhalation of spring. A good time for contemplation of our life’s journey, what we have attained so far, and preparation for our next stages. The three days of 21-23 December are the Three Initiation Days.

CHRISTMAS DAY

Christmas Day is obvious in its significance. Besides the obvious powerful context of the birth of Christ, there are other significances. The cave Christ is born in for instance is a metaphysical analogy for the inner heart. This signifies the sacred consciousness which permeates the universal human soul in an alchemical process by igniting the divine spark in our heart. This is the transcendental Spirit Spark described by the Rosicrucians which can be nurtured with the spiritual light, to eventually bloom to its fullness. However we look at it, we have the choice to allow the sacred Nativity story to be re-enacted in our heart at this time, allowing the influx of powerful spiritual energies into our heart centre and our consciousness.

THE GIFTS OF THE MAGI

I like to compare generating the spiritual centering energies of the BG3 to creating a doorway for the



Light. It is fascinating to consider the gifts brought by the Three Magi to the child Jesus— Gold, Myrrh and Frankincense. Interesting analogy with the three frequencies of the Higher Harmonic of Gold, Higher Harmonic of Ultra-Violet and the horizontal Negative Green, especially when one delves into the ancient uses, names and traditions associated with each of these substances, an example being the use of Frankincense at key parts of the Christian Mass .

THE 12 NIGHTS



A tradition by a baker in the island of Gozo is to carefully create this crib, or scene from the nativity of Christ, inside a hollowed out loaf of crusty Maltese bread.

The 12 Nights can serve as an energetic focus for the year ahead, and one can choose to carry out some positive affirmation of spiritual merit that will help throughout the coming year. In Malta farmers use these nights *las* as an indication of the coming climatic conditions in each coming month of the following year. Dr Robert Gilbert draws parallels with the 12 qualities we recognise in the BioGeometry spectrum (as familiar from the virtual cone pendulum). Try to test the energy on these days with your pendulum, both for BG3 and any qualities you may pick up on certain days more than others.

However you choose to approach Christmas time I hope you may be as wise as the Magi and use this very special and sacred time for some positive inner work and spiritual integration.

The Power of Numbers

Numbers hold unique properties not only mathematically but also energetically. Pythagoras considered numbers as archetypal forces, something we discuss in my Sacred Geometry workshops. In BioGeometry of course numbers are of great interest to us in many different ways. For example as BG3 emitters apart from 16 and 19 there are various other numbers which when used properly can give BG3. We also make use of number patterns and

configurations ways of harmonising imbalances and healing through number (so now you know why students in advanced trainings often emerge with mysterious patterns of dots painted on their arms!).

In Asheville, Dr Karim recently introduced some new ways of obtaining BG3 in layouts, through working with certain rules of proportion, both with BG numbers and ordinary numbers.

These apply to drawn features on paper as well as physical objects, making the methods very promising for designers, architects and of course BioGeometry practitioners. What is particularly exciting is the ease by which one can obtain BG3 from practically any design.

I will be teaching this new method as well as other ways of using number in BioGeometry in the Advanced Training.

Dr Karim Special topics event in Asheville last month

Last month saw the BioGeometry Special Topics event in North Carolina, USA. Special Topics has become a much-awaited item on the BioGeometry calendar, where for 4 days Dr Ibrahim Karim addresses his latest findings and research. It is planned to be held more or less annually each time with a different topic. The beauty of these events is the opportunity the advanced BioGeometry students to expand their awareness directly from the founder, bringing students together from all over the world. Last month's event saw record attendance as Dr Karim addressed some exciting topics, namely the

uses of the Human Archetype Ruler, the power of numbers and the 99 Divine Names. We will touch on some of these topics in the Advanced train-

ing.

(The picture shows only a section of the participants as many had left by



Advanced BioGeometry Training in preparation!

I am happy to announce that I am in the process of preparing to teach the Advanced BioGeometry Training from 2013. This is the next step for all those wanting to take their awareness and skills of BioGeometry further. The training will probably be like the Foundation Training, three modules spread over 6 days.

Some of the topics include: new methods for using BioGeometry in design; working with chakras and personal energies including tech-

niques for opening chakras; the Bilocation technique where one can attune a space to a sacred building; how to create a three-dimensional grid of power spots in your area which connects both land and sky, healing with numbers; a powerful harmonising method using some special Biosignatures; working with angles; the multi-dimensional models and planes of nature, and ways of working within these planes; new tools including the horizontal and vertical pendulum and the Dial; the

Human Archetype template from Egypt; living statues and how they are activated; the BioGeometry Ruler, using it to measure energy states, spaces, etc including working with it on planes of nature and to measure the chakras, as well as a harmoniser by emitting the qualities of the human archetype code; and much more. The first tentative date for Advanced Training will be in South Africa in September, but stay tuned for confirmed dates and localities!

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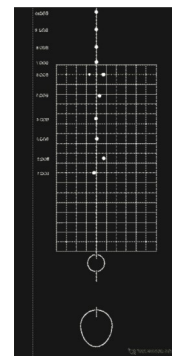
The Human Archetype Ruler

A much-awaited topic in the Special Events was Dr Karim's explanation of the Human Archetype Ruler. A fairly recent BioGeometry development, the Ruler uses the Human Archetype template code. This was discovered before on Egyptian temple walls but Dr Karim realised and unlocked its immense potential for BioGeometry. It offers such vast possibilities that it probably represents much of the future direction of BioGeometry techniques.

So what does the Ruler do? Essentially it is both a measuring device and an Emitter. It can be used to measure the different qualities of BG3 energy in anyone and anything. It can also measure the energy of each chakra including the lesser known three spiritual chakras, and on each plane of nature i.e. physical, vital, emotional, mental and spiritual (3 levels). Thus it is a superb tool with which to gauge balance, measure before and after interventions, and so on.

As an emitter, it can transmit the human Archetype energy which harmonises, naturally even distantly. Thanks to a special strip it comes with, one can transmit also on any plane of nature, work with individual organs, and so on.

The Ruler is one of the main parts of the Advanced Training where we will learn its applications, and of course Rulers will be available for sale at the training.



The Human Archetype Ruler (in Plexiglas but shown here in black for clarity) opens immense and exciting possibilities both as a measuring device and an emitter and harmoniser.

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We conduct trainings in different subjects and in various countries. Workshops include:

- **BioGeometry training** at Foundation Level, and soon also in Advanced Level. Trainings are usually taught over 6 days, featuring slides, theory and practice.
- **MindScape** intuition training, a powerful experiential weekend workshop.
- **Advanced MindScape**, the follow-up to MindScape that expands the paradigm further.
- **Sacred Geometry**, a one-day course that introduces this fascinating subject
- **Signs & Symbols: From the Secret to the Sacred**, another hands-on one day course that focuses mostly on symbols and their use, as well as labyrinths

We also offer specialized tours of the Maltese temples, and house consultations for harmony based on BioGeometry and Feng Shui.

Kris Attard has been teaching for almost 18 years, and has given trainings in 17 countries. If you wish to organize a workshop or training in their area or country, or to a select group, drop us a line, we would be happy to discuss any such possibility.

www.awarenessworkshops.com

FORTHCOMING WORKSHOPS AND EVENTS

BIOGEOMETRY FOUNDATION TRAINING 2013

[Jan 22—27, San Jose, California](#)

Contact: *Dr Laura Stuve* Tel: +1 408 647 2429 / laura@quantumbodysystem.com

[Feb 9—14, Wiggensbach, Germany](#)

Contact *Claudia Schembri-Heitmann*
 Tel: +49 (0) 8370 929421 / balance@bodytalksystem.net

[Feb 26—Mar 3, Geneva, Switzerland](#)

Contact: *Graziella Zanoletti* Tel +41 (0) 79 2025006 / graziella@eliterent.com

[Capetown, South Africa \(date to be announced, probably Spring\)](#)

Contact: *Lee-Ann Connolly* Tel +27 (0)79 399 3520 / lee@thrive-za.com

Other Foundation Trainings planned for 2013 /2014 in Malta, Canada, Scotland

BIOGEOMETRY ADVANCED TRAINING

[Date and place to be confirmed, but tentatively Sept , Johannesburg, South Africa](#)

Contact: *Janet Cronje* Tel +41 (0)79 2025006 / graziella@eliterent.com

Other Advanced Trainings will be announced as they are confirmed, including Germany and UK.

MINDSCAPE (intuition training)

[March 30—31, Cork, Ireland](#)

Contact: *Therese Tierney* Tel: +353 87 7767728 / lovinyoga@gmail.com

ADVANCED MINDSCAPE

[May 10-12, South of England, UK](#)

Contact: *Eloise Ansell* Tel +44 (0)79 2025006 / graziella@eliterent.com

[June 14-16, Belfast, N.Ireland](#)

Contact: *Lesley McIntyre* +44 (0)7702 393099 / amethyst.nhc@btinternet.com